Bringing smiles and hearts to School!

~Let's kick out bullying!~

What is bullying? Regardless whether it is inside or outside school, if a person or group of peers from your school, class, cram school, sports club or any other group says mean words to you, ignores you, cuts you out of the loop, uses you, beats you, orders you to do something you don't want to do, and this all includes actions online and over the internet, and if you feel annoyed or upset by them, it is bullying.

About the Bullying Prevention Measures Promotion Act

In September 2013, a law aimed at preventing bullying in schools came into effect and stipulated: "Article 4: students and others must not bully others."

Meaning that bullying has been prohibited by law. In addition, the law stipulates that schools and their staff must take appropriate and swift action when they suspect that pupils or students are involved in cases of bullying.

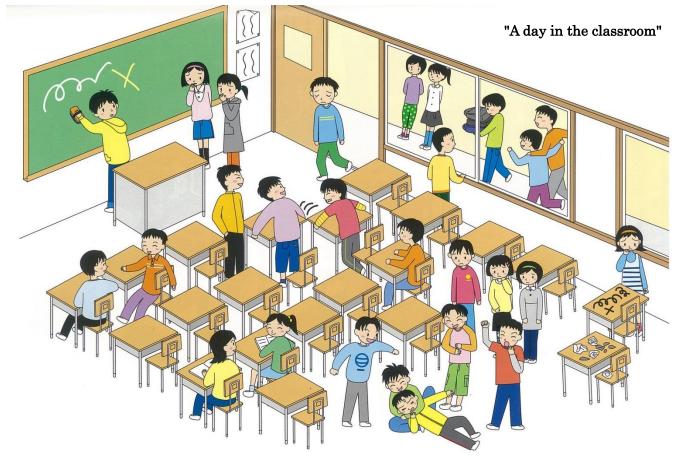
* "students and others" refers to pupils and students who are enrolled at school.

Cyber Bullying

Sending hurtful messages to others or writing hurtful comments on blogs and other SNS. Sending out distressing or disturbing images, videos and media. Uploading others' information, such as their email address and pictures, without their permission. These cases are also "bullying".

They may be deemed to be punishable

★Have you seen any of the following situations in your classroom? How did you feel?



(Source: "Practical examples to study human rights (for Junior High School)"

Kyoto Prefectural Board of Education)

Bullying is NEVER OK

To you who are bullied:

- It is not your fault. You have the right to spend time in school peacefully and safely.
- Be brave and confide in someone. Schools will protect you, no matter what
- Remember that your life is the most precious thing, so do not forget to make yourself top priority.



To you who are bullying:

- Have you ever imagined others' feelings when you bully them? Are you sure you are OK with that?
- Your thoughtless actions may take you down a path of no return. Your friend might be smiling on the outside, by crying on the inside.
- There's something troubling you as well, right?

To you who are standing by and watching bullying happen:

- Standing by and just watching someone be bullied is the same as bullying itself. It does not matter if you are not directly involved.
- Please tell someone. Be brave and speak to someone that you can trust, such as a family member, teacher, or friend, right now.
- If you think it is difficult to do something by yourself, please ask others to help you. Your courageous actions will rescue your friend.

How about your school or class? Each of us should

"Not bully, not allow bullying, and not ignore bullying"

Your consideration to friends and your efforts to diminish bullying is the first step to make school comfortable for everyone.

Related institutions for consultation

@"Netto-ijime-tsuho-saito" (Can also be accessed via smartphones and mobile phones)
http://www.kyoto-be.ne.jp/gakkyou/cms/?page_id=118/
FAX···075-414-5837